Donald's aunt's shortbread cookies
Ingredients:

- 4 cups flour plus a bit more to flour the cutting board
- 1 lb butter -- bring to room temperature before beginning; optional, but useful
- 1 packed cup of brown sugar

Equipment:

- Oven preheated to 300F
- Mixing bowl
- Electric beater
- Cutting board
- Rolling pin (optional)
- Ruler with desired scale (inches or cm)
- Knife
- 2 x 10.5"x15" cookie sheets
- Fork
- Spatula
- Cooling racks

How to make the cookies:

1) Preheat the oven to 300F. (*)
2) Bring butter to room temperature.
3) Cream butter using the electric beater.
4) Fully mix the brown sugar into the creamed butter.
5) Mix in flour to the butter, about a cup at a time, until well mixed.
6) Lightly flour the cutting board.
7) Place the cookie dough on the cutting board.
8) Using a rolling pin or pressing down by using your hands, roll dough to about a half inch thick.
9) Cut the dough into rectangles about an inch by two inches, using the ruler to mark off the measures.
10) Repeat 6) to 9) with excess cuttings from around the edges until all dough has been cut into rectangles.
11) Place rectangles on cookie sheets.
12) Prick the tops of each cookie with a fork several times (3 to 5 times).
13) Bake at 300 F for about 25 minutes; part-way through, rotate the cookie sheets front to back.

- Bake until the edges at the bottoms of the cookies right at the cookie sheet just begin to turn golden brown.

14) Remove from oven, and allow to cool for a few moments.
15) Place cookies on cooling racks.
16) When cool, eat cookies!
17) Place excess cookies in cookie tins, layering with wax paper. Place in freezer.
(*) Different ovens, and in different neighbourhoods, will be slightly hotter or cooler than others at the same setting; convection ovens will generally cook faster than conventional ovens. This makes a difference with shortbread cookies because normally, the expectation is that shortbread cookies have barely any browning. As such, keep a close eye on the cookies as the time starts to run out; they'll be ready when the edges of the cookies touching the cookie sheet just begin browning.
